



REGNUM CHRISTI  
CONSECRATED WOMEN

## *Personalized Silent Day Discernment Retreat*

A personalized silent day retreat is a full day of prayer at the Consecrated Women of Regnum Christi's home, with spiritual direction, adoration and lunch included. It is a complete day of silence where you can pray before The Eucharist and in our garden, where we will serve you lunch. The suggested donation is at least \$10 for lunch, spiritual direction, and use of our grounds.

Before your retreat starts, you will fill out a questionnaire so your director knows what you are looking for and how to accompany you. Your retreat begins at home after dinner, the night before you arrive at our home. Starting the retreat, before you turn off your cell phone, you meet with the director to share what you are looking for and how you arrive at this retreat. She will help you to set the tone for your personalized retreat. On the day of your retreat, you arrive at our home for morning Mass. After Mass, you meet with your retreat director for about 20 minutes to receive some scripture passages to pray with. During the day you are free to pray in the garden and the Chapel. Of course, you will have use of the restroom and office. Lunch will also be provided for you.

Ages: Junior year of High School until Single Young Professional

Email [ahilbun@regnumchristi.net](mailto:ahilbun@regnumchristi.net) to register

**tkc!**